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Nail Art Study Report

Studied & written by MsMee.com



Square



Oval



Almond



Coffin



Stiletto



5 Basic Nail Shapes

Stiletto Nails

They are daring, fierce and bold. They come in an oval shape but are sculpted and more pointed than rounded at the tip. See how talons look like? That's stiletto nails. They come in long and short sizes, whichever is your preference.

Stiletto nails are an instant trend. We've seen Rihanna and Nicki Minaj and Kylie Jenner rock them, but this trend is not new. It has been around since the 50s and 60s and clearly, the trend is not about to fade out soon.

This type can come in gel or acrylic, whatever your preference is. Granted, this style immediately catapults your image even when on the days you feel otherwise. It is not a style is not for the faint hearted though.

How to do stiletto nails yourself

Now that you know a little bit of this trend, let us take you through the steps of installing stiletto nails.

The first and simplest way is to visit a nail salon and have a nail specialist do them for you. Just describe the design you want. A nail specialist will know what you are looking for by your description.

Do it yourself

For a do it yourself you will require:

1. Artificial nails kit already in the oval shape or regular artificial nails
2. Nail glue
3. Nail file
4. Nail clipper
5. Nail polish in the color of your choice
6. Base coat
7. Top coat

Directions

Step 1: Make the stiletto shape

If the artificial nails are not already in the stiletto shape, start by shaping the tips of the artificial nails in a diagonal cut with a slight curve.

Step 2: Shaping

Using your nail fail, shape to edges of the

nail to perfect the stiletto shape and to have the nail fit perfectly on your nail bed.

Step 3: Base coat

Once you achieve the desired shape, apply a base coat to your artificial nails.

Step 4: Polish

After your base coat dries up, apply your desired colour of nail polish. You may want to apply two coats of the polish, allowing a few minutes in between your coats.

Step 5: Top coat

Ensure to apply a top coat on your artificial nails to protect the polish.

Step 6: Preparing your nails

Trim down your natural nails to ensure they are neat and short then rough them up slightly with an emery board.

Step 7: Fixing your artificial nails

Apply a drop of nail glue on your nail at the middle of your nail. Before it dries up, press firmly your artificial nail and hold for a few seconds to secure it firmly. You can add any finishing touches like glitters to add oomph to

your nails.

How to take care of stiletto nails

We all want to have a clean polished every time and our nails are not an exception.

1. Maintenance

Regularly get backfills. Stilettos are more prone to lifting than any other type of acrylics. Beneath the beautiful acrylics, we want our natural nails healthy too. You can choose to do the backfills on your own or at a salon but most importantly, get that backfill. We do not want your whole nail coming off. Visit a nail salon for backfills, preferably every two weeks to avoid lifting.

2. Avoid having new acrylics installed often.

Avoid having your extensions removed every 3 or 4 backfills. It will only weaken your nails overtime and if by bad chance they are removed unprofessionally, you risk losing your nail. Keeping a regular schedule of backfills, say every two weeks is not only

healthy for your natural nail but also a chance for your nail to grow giving the acrylic a better anchor.

3. Protect your acrylics as much as possible

Just because you have a layer of fake nails does not mean you relent in protecting them. Acrylics are neither weapons nor tools. Whenever you are doing your chores especially those that involve your hands being submerged in water for a long time, wear gloves.

Whenever you wash your hands, ensure to dry the water underneath the nail, that way you prevent your acrylics from lifting. Remember to avoid having your nails too close to a source of heat as this will weaken the nail glue.

Removing stiletto nails

Stiletto nails, like all other acrylics should be removed with care to protect your natural nail. Methods of removal

1. Cuticle oil

Cuticle oil helps in loosening the nail glue. Apply a few drops of cuticle oil just beneath

the artificial nail. Allow the oil to soak and after a few minutes, gently rock the nail back and forth to see if it will come off. If it does not, repeat the process but gently.

2. Warm soapy water

Soak your nails in warm soap water long enough to loosen the glue. Press the tip of your nails and if they still do not come off, try soaking them for a little longer.

3. Acetone nail polish remover

You can opt to dip your fingers in acetone or get it under your fake nail to loosen the nail glue. After using the acetone remover, wash and moisturise your hands since acetone can be drying on your hands.

Factors to consider before installing stiletto nails

That said, there are some challenges that come with having stiletto nails. Due to their long and thick nature, there are some activities that will be greatly hampered.

1. Typing: decreased speed in typing, if you can manage it at all.

2. Makeup: Applying things like concealer with your fingertips will be an uphill task.

3. Dressing: Pulling those fitting pants and navigating your buttons and zips is an almost impossibility. Brace yourself.

4. Phone usage: typing out messages, pressing a touch screen button, well, you'll have to appreciate how easy this was before the talons came along.

5. Holding things: This is especially true if picking something like a coin or opening a can. You will have to device new ways.

Preview [Beautiful 50+ Stiletto Nails](#)

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