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# **Nail Art Study Report**

Studied & written by [MsMee.com](http://MsMee.com)



**Square**



**Oval**



**Almond**



**Coffin**



**Stiletto**



**5 Basic Nail Shapes**

# Almond Nails

We've seen the square, oval, squoval and stiletto shapes and now it is time to try out a new design; the almond shape.

It resembles the almond from which it borrows its name. Almond shape is rounded edge that is tapered at the tip. The sides are thin but the base is wide. The nail then comes to a point at the top.

A lot of nail length is required to pull off this shape; about 4mm or 5mm from the edge of the nail.

## How to shape almond nails

Mark the centre of your nail.

1. Mark the centre point of your nail.
2. Using a nail clipper, trim the left side edge of your nail, towards the centre point, in a diagonal line or at a 50 degree.
3. Repeat the process on the right side of your nail.

4. Gently file the edges to achieve the desired almond shape.

You may choose between short and long nails. Women with short fingers will find long almond shaped nails most desirable as they make nails longer.

## **Long almond nails**

Tip: To revert back to your shape of your nails, trim the pointed tips or file them blunt.

Now that you are convinced to try out this style, do you have the right amount of length to pull it off? Worry not. That is what acrylics and gel are for. The process of fixing acrylics and gel is pretty much similar to that of stiletto nails.

## **Here is a tutorial on how to fix acrylic almond nails.**

### Requirements

- i) Artificial nails kit already in the oval shape or regular artificial nails
- ii) Nail glue
- iii) Nail file
- iv) Nail clipper

- v) Nail polish in the color of your choice
- vi) Base coat
- vii) Top coat

## Directions

### Step 1: Make the almond shape

If the artificial nails are not already in the almond shape, start by filing the tips of the artificial nails in a diagonal cut with a slight curve towards the centre of the nail.

### Step 2: Shaping

File the nail into a rounded shape. Start from the edges towards the centre to avoid splitting. Continue to file each side holding the file at an angle; file the left then right side of the nail to achieve a pointed tip. Round off the pointed tip to achieve the almond shape. Using your nail file, shape to edges of the nail to have it fit perfectly on your nail bed.

### Step 3: Base coat

Once you achieve the desired shape, apply a base coat to your artificial nails.

### Step 4: Polish

After your base coat dries up, apply your desired colour of nail polish. You may want

to apply two coats of the polish, allowing a few minutes in between your coats.

### Step 5: Top coat

Ensure to apply a top coat on your artificial nails to protect the polish.

### Step 6: Preparing your nails

Trim down your natural nails to ensure they are neat and short then rough them up slightly with an emery board.

### Step 7: Fixing your artificial nails

Apply a drop of nail glue on your nail at the middle of your nail. Before it dries up, press firmly your artificial nail and hold for a few seconds to secure it firmly. You can add any finishing touches like glitters to add oomph to your nails.

## **Taking care of almond nails**

Almond extension nails can be short or long depending on your preference. Their maintenance is similar to that of stiletto nails and care should be practiced for the ultimate health of your natural nails.

Taking care of your nails should involve the

following steps:

### 1. Keep your nails dry

Acrylic nails are prone to lift if your nails are constantly wet since water moistens the glue. Dry your hands thoroughly with a cloth or paper towel whenever your hands come into contact with water. Moist your hands with baby powder if they are naturally moist.

### 2. Be gentle with your nails

Treat your nails like jewels, not tools. Always use protective gear when attending to tasks such as gardening or washing dishes. Do not use your nails to open cans or other tasks as they may damage not only the artificial nail but also your nail.

### 3. Repair any damage soon

In case you notice any chipping or cracking on your nails, have it repaired as soon as possible. A chipped nail is prone to bacterial infection and this is bad news to the ultimate health of your nail.

### 4. Wash your nails with antibacterial soap to prevent infection.

Always wash your nails with antibacterial soap or use a Q-Tip soaked in alcohol to



clean under your nails.

## 5. Oil

Oil your hands to give you a sheen look. However, do not overly moisten your hands as bacteria could breed in such places.

## 6. Avoid acetone

Acetone weakens your acrylics. If you want to remove your nail polish, reach for that which conditions your nails and cuticles.

## 7. Touch up

Touch up your nail polish by regularly filing them and applying clear nail polish. Every two weeks, visit your salon and have your nails refilled. Refilling helps with maintain the bond between the acrylic and natural nail plate, reduces the chances of a bacterial infection.

# **DIY methods of removing almond nails**

## 1. Cuticle oil

Cuticle oil helps in loosening the nail glue. Apply a few drops of cuticle oil just beneath

the artificial nail. Allow the oil to soak and after a few minutes, gently rock the nail back and forth to see if it will come off. If it does not, repeat the process but gently.

## 2. Warm soapy water

Soak your nails in warm soap water long enough to loosen the glue. Press the tip of your nails and if they still do not come off, try soaking them for a little longer.

## 3. Acetone nail polish remover

You can opt to dip your fingers in acetone or get it under your fake nail to loosen the nail glue. After using the acetone remover, wash and moisturise your hands since acetone can be drying on your hands.

Enjoy watch the latest [30+ Almond Nails](#)

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