

MsMee  [®]

Nail Art Study Report

Studied & written by MsMee.com



Matte Nails are Dry, Sooth, Flat and Not Shiny

Here's a fun fact. There are 13 types of nail polish finishes; shimmer, micro-shimmer, micro-glitter, glitter, frost, lustre, crème, prismatic micro-glitter or shimmer, iridescent, opalescent, matte, duo-chrome, and translucent.

Matte polish is not shiny. Whereas most polishes in the market have a shiny or pearly finish, matte polishes are dry, sooth and flat. They give an edgy look, especially the most popular shades of matte that are darker.

InStyle Magazine reports that matte nails first made headlines in 2009 according to Simcha Whitehill, also known as Miss Pop, a renowned celebrity nail artist. Miss Pop went ahead to incorporate matte nails into New York Fashion Week looks for a number of designers over the years including Rag & Bone.

Matte nail polishes gained recognition after several beauty houses released their own

matte polishes. Most famous was OPI line of matte polish shades; Lincoln Park After Dark, Russian Navy, Gargantuan Green Grape, Alpine Snow, La Paz-itively Hot, and You Don't Know Jacques. Other brands followed suit, releasing their own line of matte nail polish.

Dashing Diva, SpaRitual and Jessica Collections are among the brands that fuelled the trend, with their launch of limited matte collections. Color Club and Zoya still make a line of matte polishes whereas Essie, ORLY, Barielle, China Glaze and CND offer a range of matte top coats.

Matte polishes are your go to for a sleek professional look. It offers a subtle, classy look than shiny polishes which can come off as flashy in some shades.

One tricky aspect with matte nail polishes is the use of base coat. Some matte base coats can leave your matte polish looking shinier than you'd prefer. Another challenge is the drying time for different polishes. Using a base coat that dries slower than your matte polish can prevent your polish from drying leading to smudging. Despite this challenge, we highly emphasize the use of base coat for various reasons:

Long-lasting manicure

Our nails contain natural oils that prevent proper adhesion of nail polish. A base coat on the other hand is uniquely formulated to contain adhesion properties that adheres better to your nail than regular nail polish. Nail polish also adheres better to the base coat which in turn makes your manicure look more professional and last longer.

Staining

We love the look highly pigmented nail polishes give. However, regular use of such polishes without the protection a base coat give will permanently stain your nails.

Health

Prolonged use of nail polish can leave your nails brittle and prone to damage. Look for a base coat with healthy ingredients such as Vitamin E, Calcium, proteins and Aloe Vera. They will sink into your nails, giving you a double dose of benefits; health and beauty.

Before using your base coat and matte nail polish, read the instructions on the bottle to check if it reacts with the polish. Matte polish

also tends to chip easily than normal nail polish. Using a top coat will make the polish shine, hence it is advised to use matte top coats that will protect the polish.

Applying a matte nail polish

Matte nail polish takes more time and precision to apply than regular nail polish. It dries faster; hence you need to be fast while working with it. You'll also need to take out the right amount onto your brush to end up with a neat application.

DIY matte nail art

Achieving a matte nail art is easy. If you opt not to use matte nail polish, here's how to make your polish into matte.

Powder

In a clean bowl, pour few drops of your polish. Pour in a small amount of any powder such as cornstarch, baking powder or fine flour. Mix the two with a toothpick to form a fine paste. Apply on your nails before it dries out.

Steam

Paint our nails with your normal nail polish. Heat a pan of water until it steams. Before your polish dries out, place your hand over the pan for about 5 minutes, moving your hand and fingers slowly over the steam making sure it reaches all parts of the nails. This method does not affect the color or coverage of your polish.

Matte Topcoat

This is another simple method to achieve a matte effect. Problem comes in when the topcoat changes or lightens the color of your polish.

A topcoat that looks milky or cloudy in the bottle will in most cases have a similar effect on your polish. Other top coats will lighten your polish whereas others will dramatically change its color. Tip: best polishes to make matte are solid colours. As for multi-hued, pearlescent, and glittery polishes, you may not achieve a perfect DIY matte finish.

Types of matte nail polish designs

Now that you know about matte nail polish, here are some matte designs to play with.

- * Matte and chrome
- * Black and shimmer Break the monotony of black with some shimmer.
- * French with gold tips
- * Matte Red Go for the timeless bold red look. You can bet this colour will be in season all through.
- * Monochrome polka dots To achieve this design, start with a matte base. Once dry, paint the dots using a glossy polish of the same color.
- * Glittery matte Choose polish that has a shimmery look.
- * Grape Mix Want to blend matte and glossy finish? Over your already dry matte coat, place a strip diagonally and apply the glossy matching color.
- * Geometry Are you a fanatic of geometry? Show it.
- * Snow White Relive the fairy tale with an all white color.

Enjoy watch [50+ Black, White, Red Matte](#)

Nails

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